

APA Style Quick Reference

6th edition

Formatting an APA Paper

See pp. 2-59 in the APA Style Manual

Elements

- x **Title Page** The title, author, and other required information should be centered about 1/3 of the way down on the page. Formal APA manuscripts including head or abbreviated title in all uppercase letters, placed in the top left corner of the page followed by the page number in the top right hand corner. This information appears on all pages. Page number 1 will be on the title page. The words head will be included on the title page only.
- x **Abstract** Use all uppercase letters, centered at the top of the page and as a single paragraph between 150 and 250 words.
- x **Body** The text of the paper. Double space between lines of the manuscript, leave margins of at least one inch at the top, left, and right of every page. Number all pages, place the number at least one inch from the right hand edge of the page.

In Text Citations: The Basics

See pp. 17479 in the APA Style Manual

- x The author and publication year of a source must be cited in the text of your paper. One or both of these elements may be in parentheses, depending on the situation.
- x In all cases, whenever you cite something in text, you must include the full citation in the reference list at the end of the paper.
- x Whenever multiple elements are in the parentheses, separate them with commas. Any punctuation that the sentence requires goes outside the parentheses. Here are some examples of correct in-text citations for paraphrasing:
 - o Kessler (2003) found that...
 - o Early onset results in a more persistent severe course (Kessler, 2003).
 - o ...
- x If you cite a specific part of a source, with or without direct quotations, the citation requires the page number, with p. or pp. before the number. Examples:
 - o Rogers (1961) has identified genuineness and transparency as two important elements of a helping relationship (p. 37).
 - o Through brain scans of live chimpanzees, researchers have found...
- x APA has specific rules about citing one, two, three or more authors in the text. Examples:
 - o One author: (Butzer, 2013).
 - o Two authors: (Nell & Ruggles, 2014).
 - o Three to five authors: (Abdallatif, Emam, Suh, Hemaly, & Odah, 2010).
 - o Subsequently: (Abdallatif et al., 2010)
 - o Six or more authors: (Hammerschmidt et al., 2015).
- x When possible, find an original source. If you must cite a source within another source, follow these guidelines:
 - o ...
- x If you use a direct quotation, and the material is online or otherwise without pagination, first use the author and date format as you would with regular written sources, then use the paragraph number, if available, with the abbreviation para.

References

See pp. 192-24 in the APA Style Manual

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Citing Periodicals

See pp187-192 in the APA Style Manual

Basic Format for an Article Citation

Author, A. A., Author, B. B., & Author, C. C. (date). Title of article of Periodical, (volume), pp. doi:xxxx

Example Print Article

Smyth, A. M., Parker, A. L., & Pease, (2002). A study of enjoyment of ped. *Journal of Abnormal Eating*, 8(3), 120-125.

Example Electronic Article with DOI; 2 Authors.

HerbstDamm, K. L., & Kullik A. (2005). Volunteer support, marital status, and the survival times of terminally ill patients. *Health Psychology*, 24, 255-229. doi:10.1037/0278-6133.24.2.225

Example Electronic Article with DOI; 7 Authors.

Schweickert, R., Fortin, C., Zhuang, X., Via, Quesnel, C., Berryhill, M., & Penney, T.B. (2014). Parallel effects of memory set activation and search on timing and working memory capacity. *Family Psychology*, 5, 159-173. doi:10.3389/fpsyg.2014.00779

Example Electronic Article with DOI, More than 7 Authors.

*include the first 6 authors, an ellipses, and the last listed author

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of quitting smoking on EEG activation and attention last for more than 31 days and are more severe with stress, dependence, DRD2 A1 allele, and depressive mood. *Nicotine and Tobacco Research*, 6, 249-267. doi:10.1080/14622200410001676305

Example Electronic Article with no Available DOI

*Include the URL of the journal homepage, not the article itself

Dybvik, A. C. (2004). Autism and the inclusion mandate: What happens when children with severe disabilities like autism are taught in regular classrooms? *Daniel K. Johnson Education Next*, (4), 42-49. Retrieved from <http://educationnext.org>

Example Online Magazine Article

Clay, R. (2008, June). Science vs. ideology: Psychologists fight back about the misuse of research. *Psychology*, 39. Retrieved from <http://www.apa.org/monitor>

Example Online Newspaper Article

Brody, J. E. (2007, December 11). Mental reserves keep brain agile. *New York Times*. Retrieved from <http://www.nytimes.com>

* Include a DOI if one is present. If there is no DOI, include the homepage for the journal you found the article in a database.

Other Common Sources

See pp. 187-192 in the APA Style Manual

Basic Format for a Nonperiodical Web Document.

Author, A. A. (date). Title of document [Format description]. Retrieved from <http://www.xxxxxx>

Example Blog Post

Freakonomics. (2010, October 29). Pass is a life